

กินดี มีสุข



AJINOMOTO



Beef Stew in Shiitake Mushroom

Ingredients

• Jarret, Shank	150	g
• Shitake Mushroom	20	g
• Goji Berry	1	tbsp
• Chinese Yam	2	pieces
• Peppercorn	1	tsp
• Water	1 ½	cup
• Mentsuyu	30	ml

Cooking Method

1. Cut the beef to preferred proportion.
2. Mix all the ingredients including **Mentsuyu** together, stew for 2 hours, serve with rice.

Our Product



Mentsuyu

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